



**DISCIPLESHIP
GROUP
FIELD GUIDE**

PHILIPPIANS

Discipleship Group

Questions ... Continued

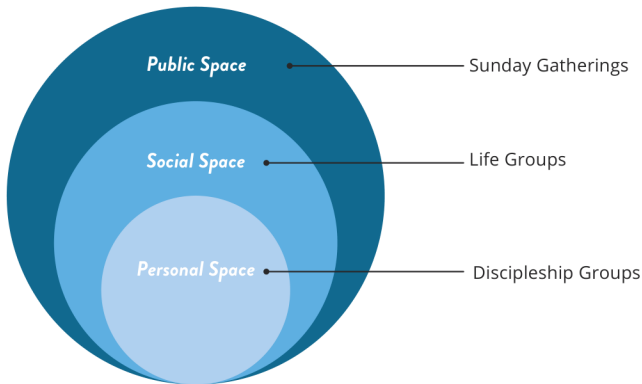
7. Am I practicing generosity and integrity with my finances, praying about how I spend my money?
8. Am I being a good steward of my body (nutrition, exercise and sleep)?
9. Am I exercising self-control when it comes to entertainment, media, and my internet consumption?
10. Is there anyone whom I fear, dislike, hold resentment toward, or criticize, damaging them by my words, either behind their back, or face-to-face?
11. Am I fulfilling the mandate of my calling, work, or school by practicing excellence and being the best I can be for God's glory?
12. Am I taking time for Sabbath rest?
13. Am I living with gratitude and contentment, or do I regularly envy, grumble, or complain?
14. Is Christ real to me?
15. Who am I speaking to about Jesus?

What are Discipleship Groups?

CATC Discipleship Groups (DGs)

These are intentional and close-knit spaces where we pursue spiritual growth together. In these small groups of 3-5 people of the same gender, we meet regularly to deepen our understanding of Jesus and strive to become more like him.

Formational Spaces



How do I find a DG?

You can start your own DG! Find 2-3 people who are willing to make the commitments below. Ideally these people will be from your Life Group but could be anyone willing to pursue Jesus alongside you

Who leads a DG?

The person who initiates the group should hold the others accountable. It is best if leadership is shared. Each week, different members should take turns leading through the content provided in this guide. In order for DG to work properly, it must be a group effort with each member taking ownership.

What are the commitments of a DG?

Show up regularly

To foster trust and growth, we ask members to commit to one semester (5 months) and attend 3 meetings per month.

Talk openly

Transparency and vulnerability are essential in our DGs to encourage one another in grace and truth.

Respond with grace

Remember the grace that has been offered to you in Jesus. Commit to speaking truth and pointing one another to the gospel.

Honor trust

Help to keep the space one of transparency by not sharing what is said in the group with others.

Multiply

The power of a DG is meant to be shared. When the group grows beyond 5 or 6 members, we encourage multiplication to maintain an intimate setting.

What Happens During a DG?

Start with our 6-week “**Profiles of a Disciple**” curriculum. Each semester a Bible reading plan will be provided in this booklet for groups to study.

Scripture

Using the reading plan provided in this booklet walk through the COMA method of Bible reading and study the passage as a group. This is a no homework study.

Accountability

Review one discipleship question each meeting (see list on back page). These questions are intended to prompt self-reflection and spiritual growth. Members share honest answers with the group and receive reminders of the grace and truth found in Jesus.

Prayer

After sharing your answers, take time to pray, asking God to meet members in their need.

Mission

As we grow in Christ, we also reach out to others. Each week, we pray for someone who doesn't know Jesus, seeking opportunities to introduce them to him.

DG Philippians Study

- C Context**
What context clues do we find in the text?
- O Observation**
Does anything in the text surprise you or stand out?
- M Meaning**
Summarize the main point of the author
- A Application**
What belief or behavior am I being called to change?

**The COMA Method and questions are taken from Gatheringone2one.com. For further explanation visit, gatheringone2one.com/thecomamethodofbiblereading*

Review and Reflect

Before DG, review the passages from the previous weeks and journal your answers to the questions below. Spend time at group sharing answers.

- What has challenged you in these passages?
- What has encouraged you in these passages?
- Are there any changes you want to make to your life as a result of what you've read?
- Pray that the Lord would show you one person with whom you can share these truths.

Philippians Study Outline

WEEK 1	Philippians 1:1-11
WEEK 2	Philippians 1:12-18
WEEK 3	Philippians 1:19-30
WEEK 4	Review and Reflect
WEEK 5	Philippians 2:1-11
WEEK 6	Philippians 2:12-18
WEEK 7	Philippians 2:19-30
WEEK 8	Review and Reflect
WEEK 9	Philippians 3:1-11
WEEK 10	Philippians 3:12-21
WEEK 11	Philippians 4:1-9
WEEK 12	Philippians 4:10-13
WEEK 13	Review and Reflect

*Download the Faith Life Study Bible App
as a Resource*

Reading plan adapted from thegospelcoalition.org

Discipleship Group Questions

Before the group meeting, members should self-assess using the below list to gauge their spiritual state and growth areas.

1. Is the Gospel precious to me? Do I have assurance of my standing in Christ, being confident of God's love and acceptance of me? If so, how vivid is it?
2. Am I seeking God with all my heart, regularly giving him my attention in the Word and in personal worship and prayer? Am I enjoying Him and seeking the fullness of the Holy Spirit?
3. Am I being honoring, understanding and generous in my important relationships? Am I sensing God's presence in those relationships?
4. Am I consciously or unconsciously, through exaggeration or lies, creating the impression that I am better than I really am? In other words, am I a hypocrite?
5. Am I walking in sexual integrity, submitting my mind and body to the Lordship of Jesus?
6. Am I having any lustful attitudes, entertaining any inappropriate thoughts about someone not my spouse, or exposing myself to any explicit materials that would not glorify God?